

#### Maternity

- Electric Shabbos candles: available from the nurses' station.
- Modesty (tznius) gowns: provided to all maternity patients. Available by request elsewhere.
- Cholov Yisroel baby formula: available on request.
- **Circumcision/Bris**: for more information, contact the chaplain-on-call.

# Shabbos

## Candles

It is strictly prohibited to light a flame on campus. Instead, a bracha (blessing) may be recited over any electric light. **Electric Shabbos candles** are available from Volunteer Services at (516) 562-4947 or directly from the Maternity nurses' stations.

#### **Guest Rooms**

Contact Guest Services at (516) 562-4837 for overnight accommodation on campus over Shabbos/Yom Tov. Towels, bedding and a refrigerator are all provided.

## Getting Around

- Sabbath Elevator: a designated Monti elevator stops at each floor on Shabbos/Yom Tov
- Stairs: located in the Monti and Tower pavilions
- Manual hospital entrance: adjacent to the Tower lobby
- Campus Eruv: does not extend to Great Neck

All services are free of charge. To discuss how you can help us continue to provide outstanding Jewish resources, please contact (516) 562-4011 or dcoleman@nshs.edu. Gifts, sponsorships, and dedication opportunities are tax-deductible.

## **Chaplaincy Department**

North Shore University Hospital 300 Community Drive Manhasset, NY 11030 (516) 562-4043

The chaplain-on-call can be reached outside office hours via the operator at (516) 562-0100 or by paging (516) 975-5889 and entering your number followed by # after the beep.

Visit our webpage or scan the QR code for the most current chaplaincy resources: www.northshorelij.com/ChaplaincyCare





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Jewish Resources





ML/NSLIJ Creative Srvcs - 15568-7-12



## **Chaplaincy Care**

Board certified chaplains conduct daily rounds (Mon. – Fri.) to support patients and families in the Intensive Care Units. The Rabbi is also available upon request.

Visits from bikkur cholim volunteers (including farsi speakers) can be arranged by calling the chaplaincy team at (516) 562-4043.

عیادت از بیماران توسط داوطلبان فارسی زبان ترتیب داده میشود. Kosher Food

- Fresh kosher sandwiches and salads are located in the cafeteria near the cashiers.
- A Bikkur Cholim room, stocked with seforim (books) and essential food for Shabbos/Yom Tov is located on 4 Tower. North Shore University Hospital is grateful to the Yehuda Memorial Center for their support.
- Patient meals (packaged entrees) bear recognized hashgachos (supervision)
- Grape juice and challah rolls can be requested from Nutrition & Food Services at (516) 562-4110 and are provided automatically on the Friday evening kosher menu.
- Visitors staying with a patient over Yom Tov can pre-pay for a guest tray via the cashier's office near the Monti Lobby at (516) 562-8246.



#### Yom Tov (Holidays)

The hospital makes every effort to discharge patients before a major holiday. If you anticipate being discharged on Yom Tov, please consult with your Rabbi regarding taking a cab home. You can pre-pay with Friendly Car Service at (516) 466-0066.

There are no Shabbos/Yom Tov minyanim in the hospital.

Rosh Hashanah: The shofar is blown in the Labor & Delivery Waiting Area on 3 Katz. The chaplain-on-call can also be paged to arrange bedside shofar blowing.

**Pesach:** A full Seder plate will accompany your kosher meal on Seder night. All meals are KFP.

**Sukkot:** A sukkah is located outside the Monti entrance, where you will find arba minim (lulav).

**Chanukkah:** Patients are encouraged to ask a family member to light the menorah at home with them in mind.

Purim: In addition to public readings of theMegillah in the Labor & Delivery Waiting Area on3 Katz, bedside readings are available by havingthe chaplain-on-call paged.

Yizkor: Pamphlets are available from the chaplains



# Tefillah (prayer)

**Tallis and Tefillin:** available from the Volunteer Office in the Tower lobby at (516) 562-4947.

#### "Mi Sheberach" (prayer for the sick) מי שברך

מִי שְׁבֵּרָדְ אֲבוֹתֵינוּ אַבְרָהָם יִצְּחָק וְיַצֵּקֹב, מֹשֶׁה אַהֲרֹן דָּוִד וּשְׁלמה, הוּא יְבָרָדְ וִירִפֵּא אֶת הַחוֹלֶה/לָה בֶּן/בַּת \_\_\_\_\_, בַּעֲבוּר שֶׁאֶתֵּן לִצְדָקָה בַּעֲבוּרוֹ/רָה. בִּשְׂכֵר זֶה, הַקְּדוֹשׁ בָּרוּדָ הוּא יִמְלֵא רַחֲמִים עָלָיו/עָלֶיהָ, לְהַחֲלִימוֹ/מָה וּלְרַפּאתוֹ/תָה וּלְהַחֵזִיקוֹ/קַה וּלְהַחֵיוֹתוֹ/תָה, וְיִשְׁלַח לוֹ/לָה מְהַרָה רְפּוּאָה שְׁלַמָה מִן הַשְׁמַיִם, לְכָל אַבְרָיו/רֶיהָ, וּלְכָל גִּידִיו/דֵיהָ בְּתוֹדָ שָׁאָר חוֹלֵי יִשְׂרָאֵל, רְפּוּאַת הַגֵּפָשׁ, וּרְפּוּאַת הַגוּף, הַשְׁתָּא בַּעֵּלָלָא וּבְזַמַן קַרִיב. וְלָאמַר אַמֵן.

#### Shema שְׁמַע

# . שְׁמַע יִשְׂרָאֵל ה' אֱלקַינוּ ה' אֶָחָד. Listen, Israel: Hashem is our God, Hashem is One.



No minyanim take place on campus. A detailed listing of local synagogues is available in our bikkur cholim room and on our website.

#### **Closest Minyanim (Services)**

Weekday: (8:00 am and 2:55 pm, Sept.–June)
1. North Shore Hebrew Academy (516) 487-2424
400 North Service Road (0.5 miles)
(Northwest corner of Community Drive and the LIE)
Great Neck, NY 11020

Shabbos: (10:00 am)

2. Chabad of Lake Success	(516) 487-3343
224 Lakeville Road	(1 mile)
Great Neck, NY 11020	



# Healing Through Music & Meditation

Contact the chaplains to borrow a user-friendly personalized music player if you anticipate hospitalization for more than a week.

## **Additional Resources**

**UJA-Federation J11 information and referral center** 1-877-852-6951 connect-to-care@ujafedny.org

**Chevra Kadisha (Sacred Burial) Association** (718) 847-6280 www.nasck.org

Halachic Organ Donor Society 1-877-700-4637 www.hods.org

# What Chaplains Do

Chaplains help create a sacred space for people of all faiths and cultural beliefs in stressful, life-changing, or transitional moments to find meaning, hope, connection and comfort by enabling them to identify and draw upon their own sources of inner strength.

NSUH is the premier choice for Jewish patients in New York.